

BOMBAY CHARTERED ACCOUNTANTS' SOCIETY

Presentation

on

“SUCCESS IN CA EXAMS – The Secret Revealed”

Sunday, 10th October 2021

Venue: Online

By

Dr. CA MAYUR B. NAYAK

INVEST

in

YOURSELF

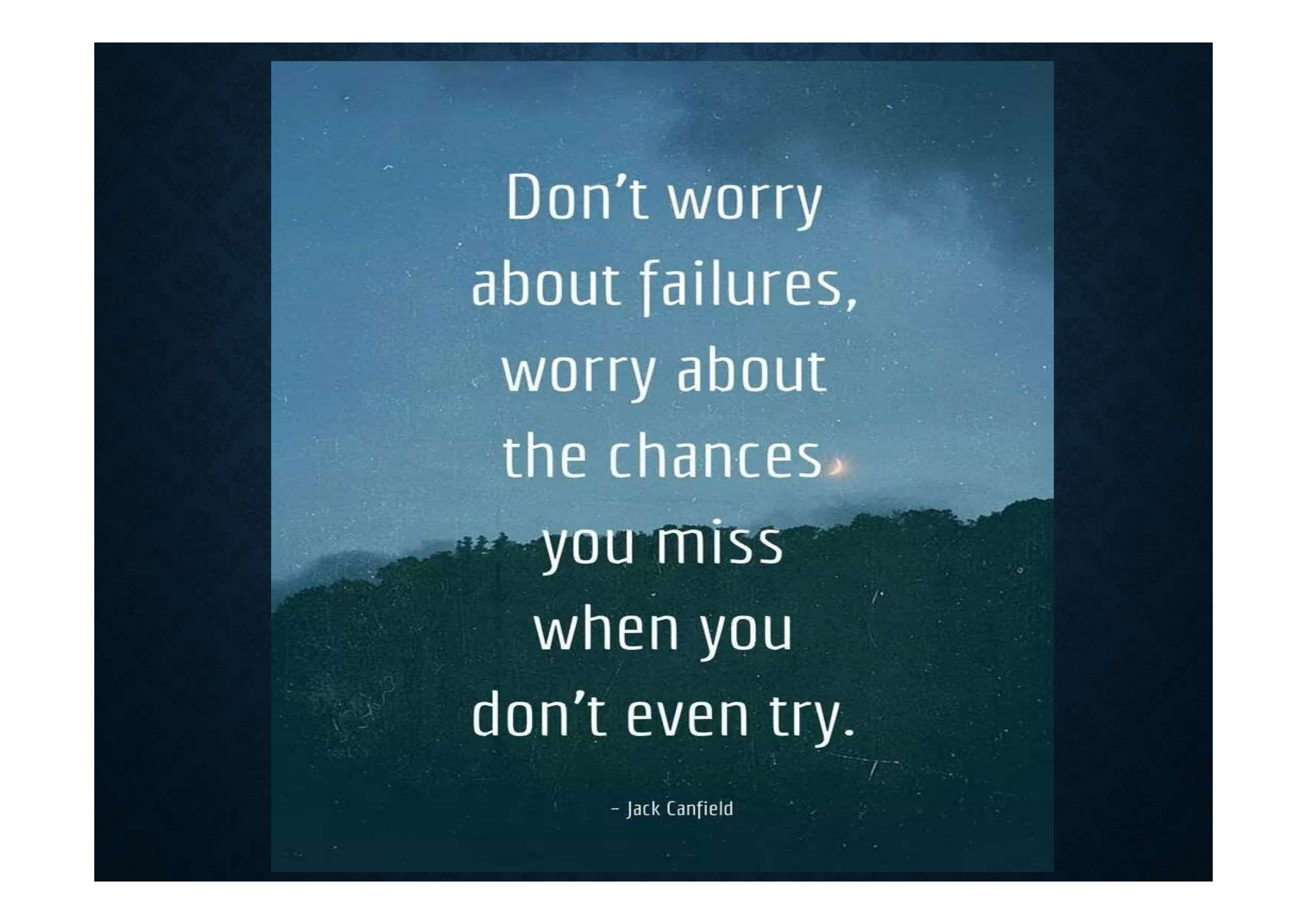
you can afford it. trust me.

WHAT PRESENTATION COVERS

- Right Breathing & Relaxing
- Overcoming Failure
- How to prepare for Exams
- Getting What You Want (Some Final Tips)
- Relaxation

OVERCOMING FAILURE

- Fear of Failure
- Failure: The Most Common Element Of Life!
- Lessons From The Nature
- Law of Karma



Don't worry
about failures,
worry about
the chances
you miss
when you
don't even try.

- Jack Canfield

REDEFINING FAILURE

- Failure is nothing but temporary setbacks

--Dottie Walters

- Failure is a slip and not a fall

- Abraham Lincoln

- I have not failed. I've just found 10,000 ways that won't work.

- Thomas Alva Edison

I never lose.
Either I win..
Or I learn





**“SUCCESS IS NOT FINAL,
FAILURE IS NOT FATAL: IT IS THE
COURAGE TO CONTINUE
THAT COUNTS.”**

WINSTON CHURCHILL

QUOTSEVERLASTING.COM

A.P.J. ABDUL KALAM ON SUCCESS AND FAILURE IN LIFE

- “All Birds find a shelter during a rain. But Eagle avoids rain by flying above the clouds”.
- “Failure will never overtake me if my definition to succeed is strong enough”
- “If you want to shine like a Sun, First burn like a Sun.”

RIGHT ATTITUDE TO OVERCOME FAILURE

- When I asked for Strength...; God gave me Difficulties to make me strong;
 - I asked for Wisdom ...; And God gave me Problems to solve;
 - I asked for Prosperity...; And God gave me Brain and Brawn to work;
 - I asked for Success..; And God gave me Examination to face;
 - I received nothing I wanted.....
- But I received everything I needed.

- Often when we lose all hope & think this is the end.
- God smiles from above and says, relax dear it's just a bend! Not the End.
- Have Faith and have a successful life.

- **Heavy rains remind us of challenges in life. Never ask for a lighter rain.**
- **Just pray for a better umbrella.**
- **That is attitude.**



An arrow can only be shot by pulling it backward. When life is dragging you back with difficulties, it means it's going to launch you into something great. So just focus, and keep aiming.

THE HISTORY OF THE BABY FROG....

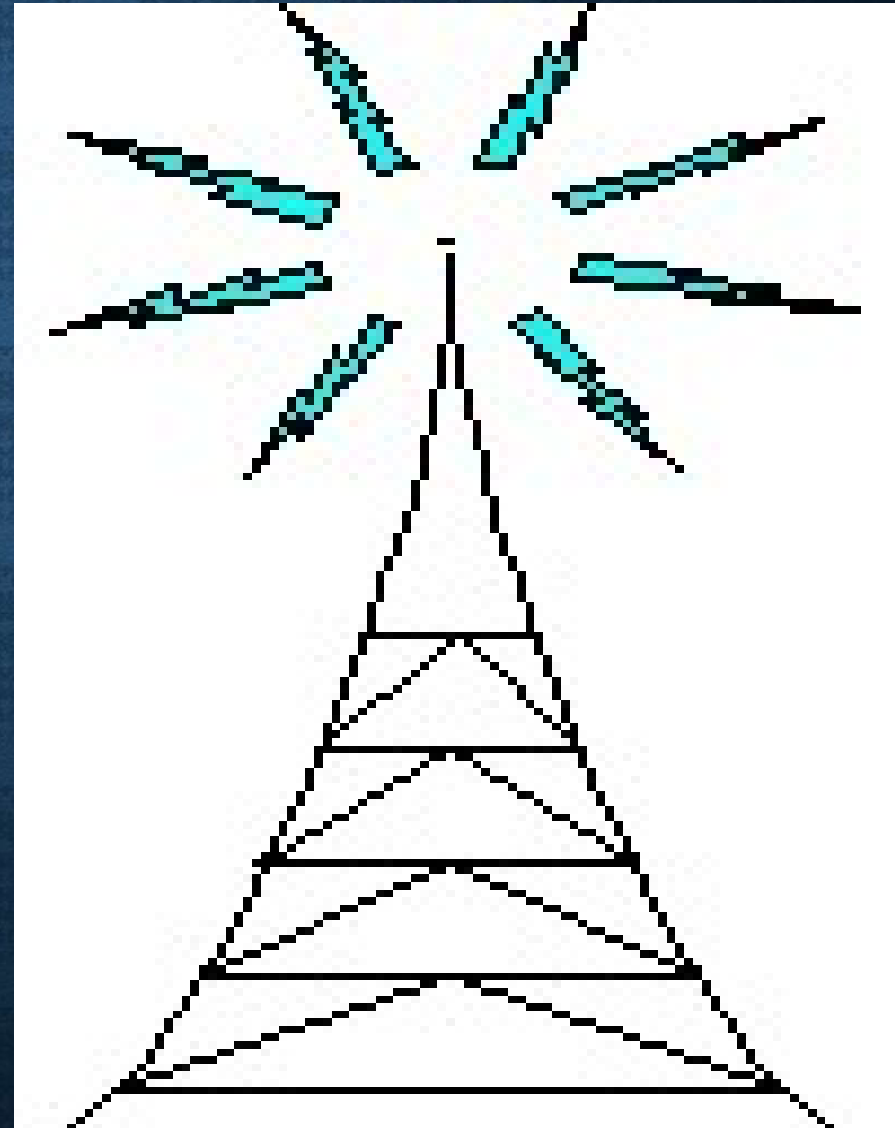




Once upon a time there was a bunch of baby frogs....

... participating in a Competition

The target was to
get to the top of
a tower



Lot of people had gathered to observe the race and encourage participants....



The start shot rang out.....



WORDS LIKE....

*"Åh, it's too difficult!!!
They'll never reach the top."*

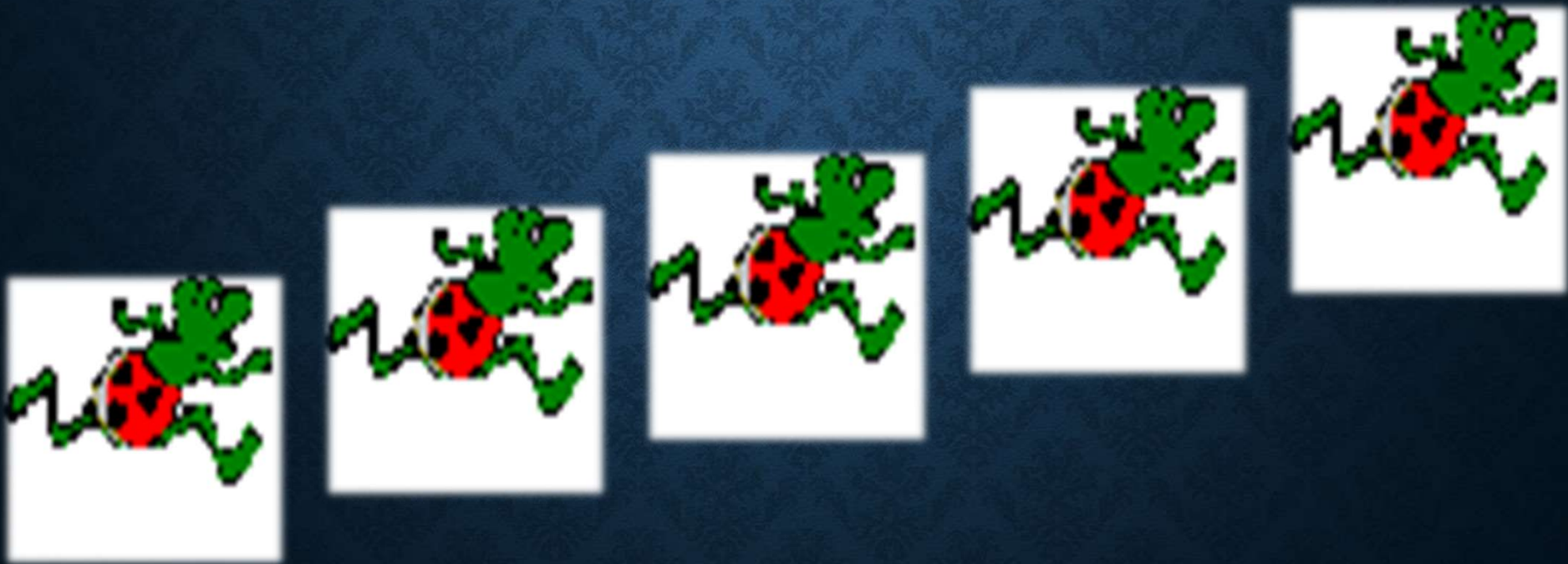
or:

*"Not a chance... the tower is
too high!"*



One by one some of the baby frogs fell off...

...Except those who speedily climbed higher and higher..



The crowd kept on yelling:

***"IT'S TOO DIFFICULT. NOBODY IS
GOING TO MAKE IT!"***



**MORE BABY FROGS BECAME TIRED AND
GAVE UP...**

**...BUT ONE KEPT GOING HIGHER AND
HIGHER.....**

HE WAS NOT OF THE KIND TO GIVE UP!



**At the end everybody had given up,
except the one determined to reach the
top!**



**All the other participants naturally wanted to know how
he had managed to do what none of the others had been
able to do!**

One competitor asked the winner,
what was his secret?

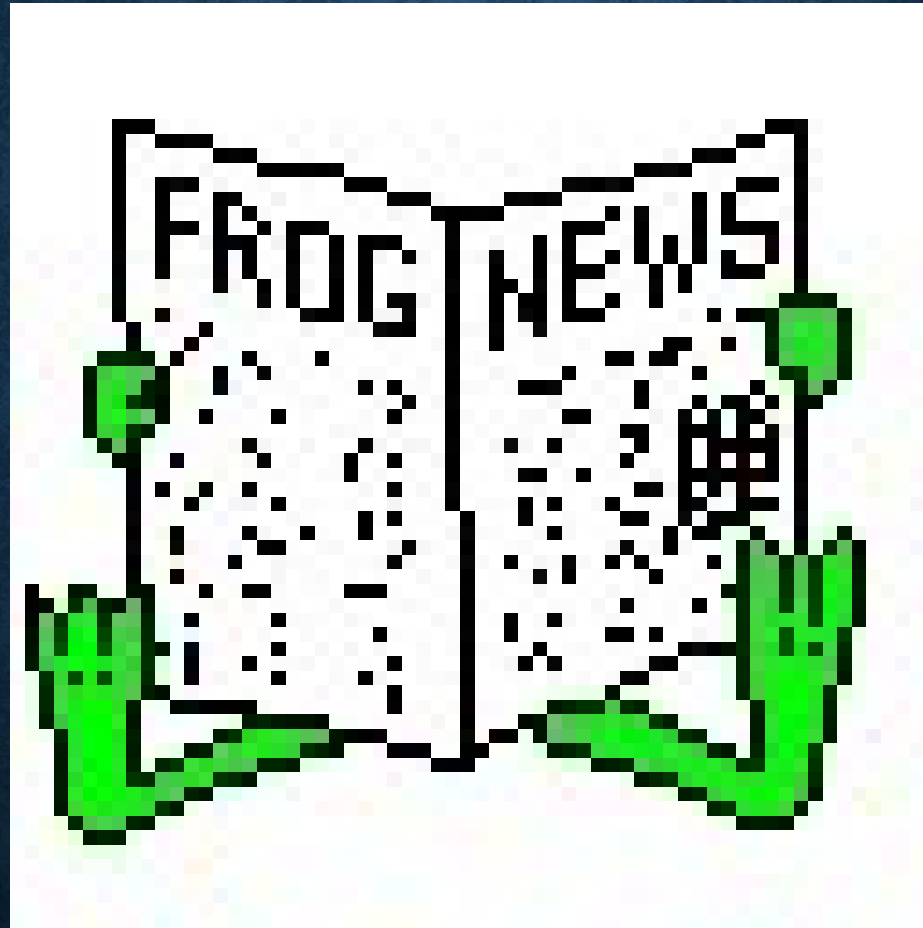


The truth was.....



The winner was deaf!!!!

The lesson to be learned:



Don't ever listen to people who are negative and pessimistic...

...they will deprive you of your loveliest dreams and the wishes you carry in your heart!

Always be aware of the power of words, as everything you hear and read will reflect in your actions!

AND MOST OF ALL:

**Turn a deaf ear when people
tell you,
that you cannot achieve your
dreams!**



Always believe:

YOU

can make it!

Some people always throw stones in your path. It depends on you what you make with them.

A Wall or a Bridge?

Remember you are the architect of your life.

Our Dreams have to be Bigger;

Our Ambitions Higher;

Our Commitment Deeper;

Our Efforts Greater!

This is my dream of India.

- Dhirubhai Ambani

Miracles

Straight Up Recovery
Don't Stop

START TO HAPPEN
WHEN YOU *give* AS
MUCH *energy* TO
YOUR *dreams* AS YOU
DO TO YOUR *fears*.



**IF YOU WILL ALWAYS DO
WHAT YOU ARE ALWAYS DOING,

YOU WILL ALWAYS GET
WHAT YOU ARE ALWAYS GETTING**

It's true, spectacular preparation
always precedes
spectacular performance.
-Zig Ziglar



FIRST THING FIRST

Goal Setting

“It is better to aim high and fail, than to aim low and achieve”

- Les Brown

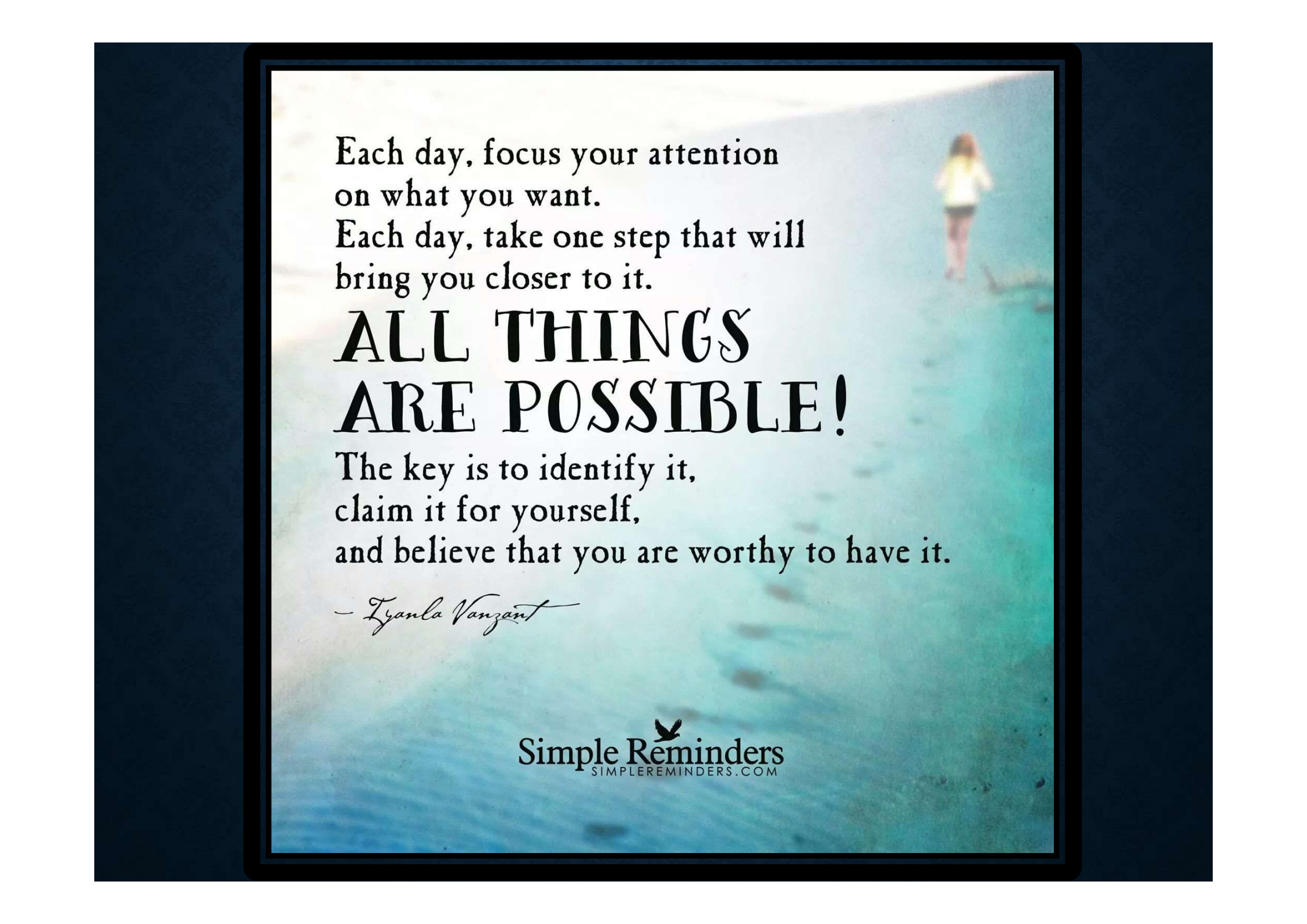
DECIDE YOUR DESTINATION



***Your Aim
should always
be in sight***



“Goal out of sight is no goal at all”

A person in a yellow shirt and dark shorts is walking away from the camera on a sandy beach. The sky is a mix of orange and blue, suggesting sunset or sunrise. The water is visible in the distance.

Each day, focus your attention
on what you want.

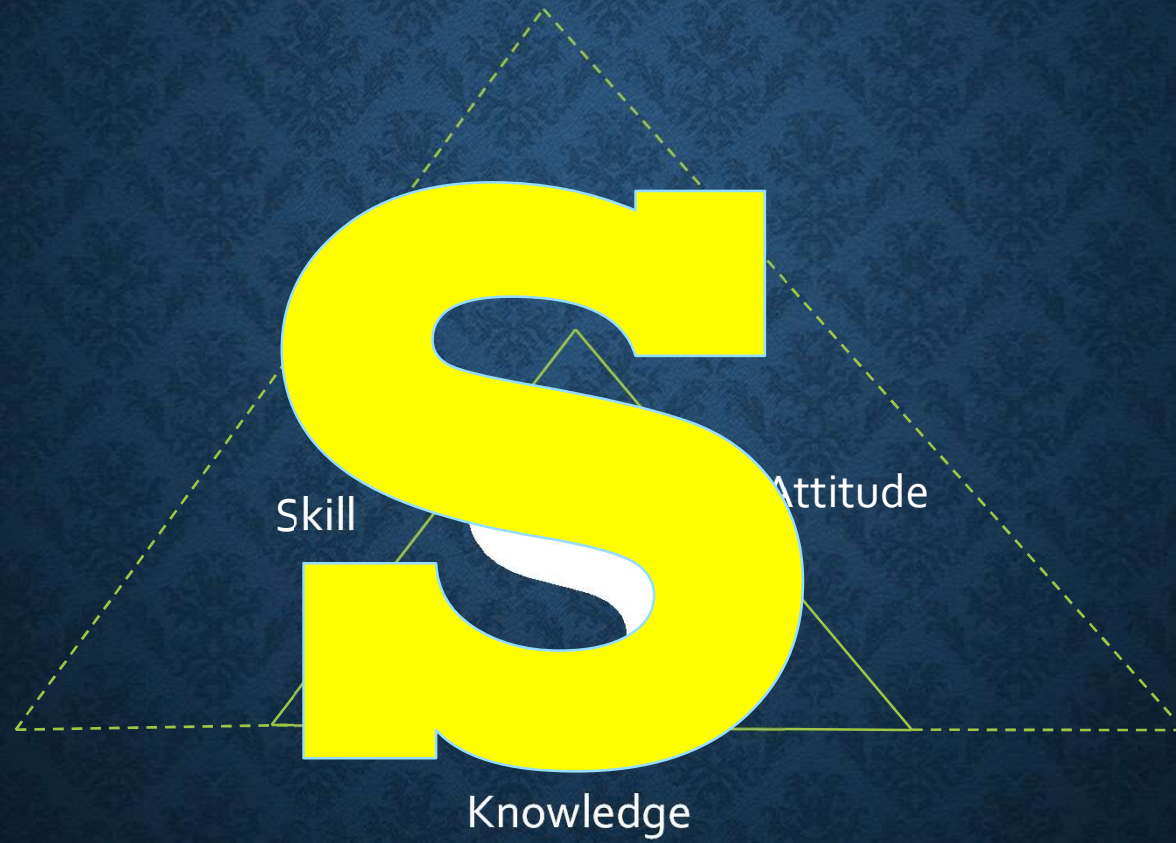
Each day, take one step that will
bring you closer to it.

ALL THINGS ARE POSSIBLE!

The key is to identify it,
claim it for yourself,
and believe that you are worthy to have it.

- Lyanla Vanzant

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IMPORTANCE OF 3 PILLARS OF SUCCESS

K N O W L E D G E

$$11 + 14 + 15 + 23 + 12 + 5 + 4 + 7 + 5 = 96$$

S K I L L

$$19 + 11 + 9 + 12 + 12 = 63$$

A T T I T U D E

$$1 + 20 + 20 + 9 + 20 + 21 + 4 + 5 = 100$$

(I) KNOWLEDGE

- **Begin with End in Mind – Time table**
- **Expert Knowledge**
 - Reading of Study Material / Suggested Answers
 - Conceptual Understanding
 - Substantiate your Answers with Sections, Case laws, Accounting Standards
- **Group discussion**

(II) SKILLS

3 Types of Skills

Writing Skill

Memory Skill

Concentration Skill

WRITING SKILL

- Passive Communication
- Précis Writing
- Solve Papers
- Solve Practical Problems (Do Not Just Read Solutions)
- Test Papers / Mock Exams

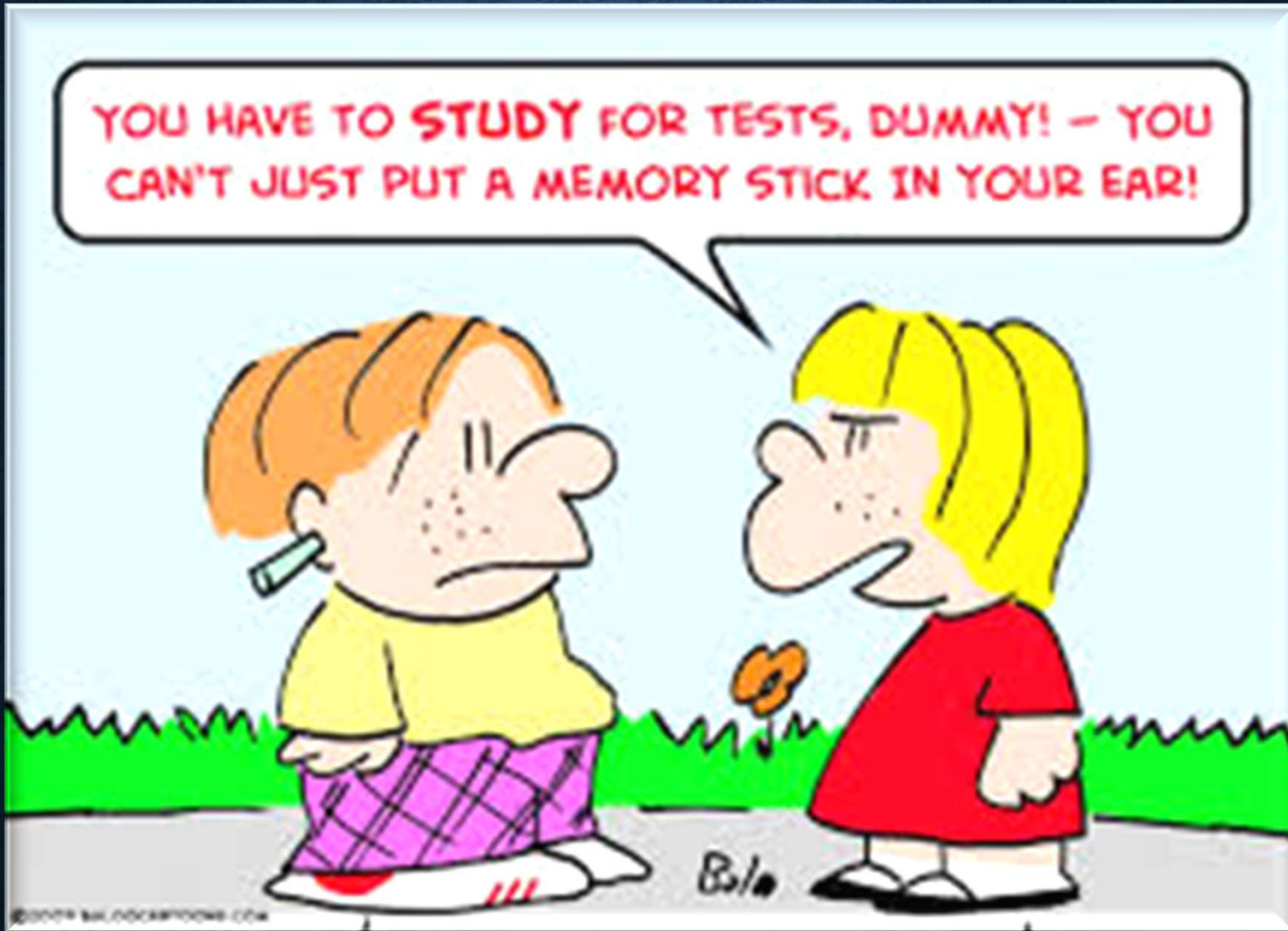
MEMORY SKILL

Two Types of Memories

Trained

Or

Untrained



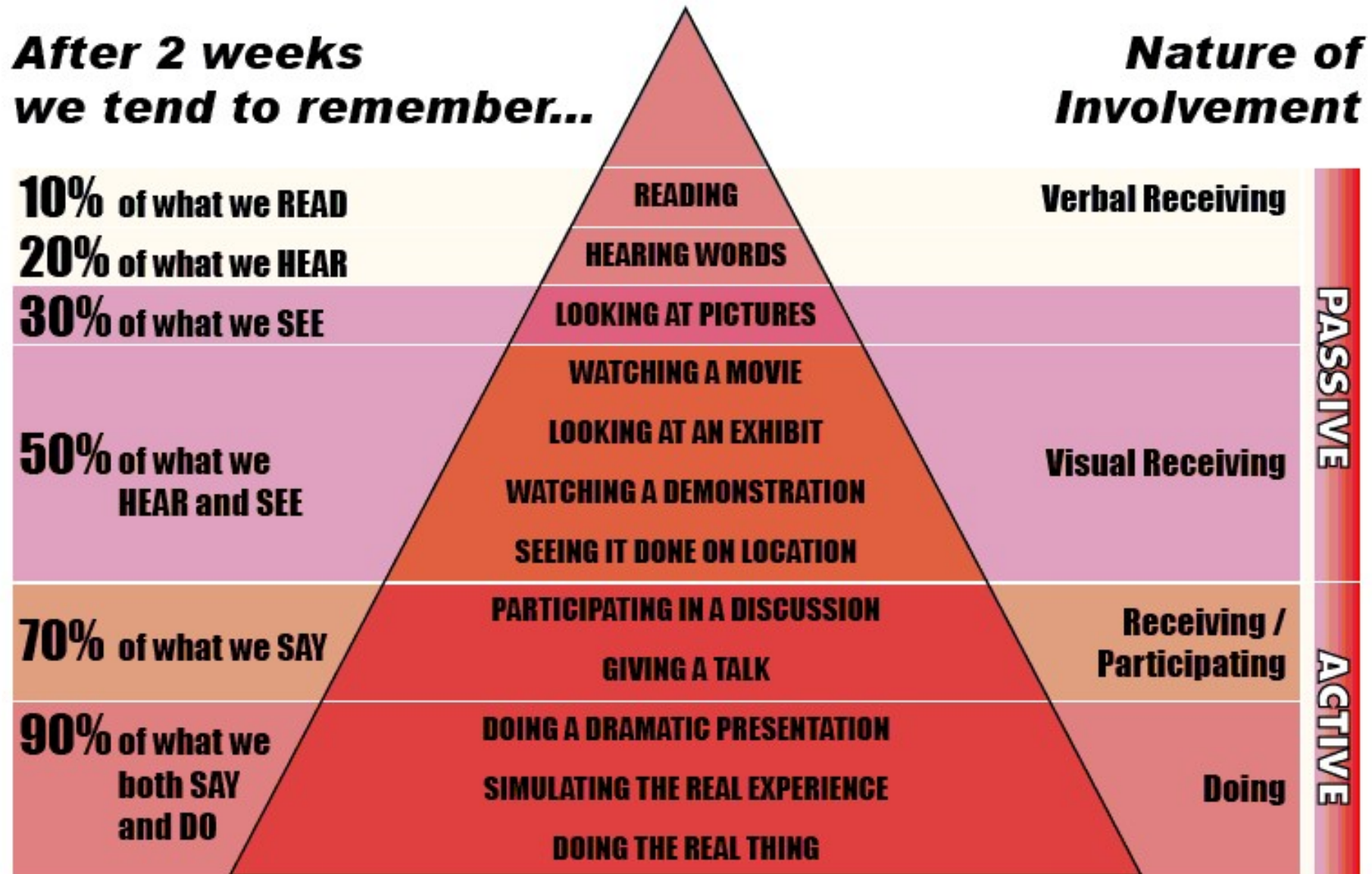
YOU HAVE TO **STUDY** FOR TESTS, DUMMY! - YOU CAN'T JUST PUT A MEMORY STICK IN YOUR EAR!

Back

How to train your Memory?

- Revision, Repetition & Recall
- Relaxation & Meditation
- Super Brain Yoga
- Self talk (confidence)

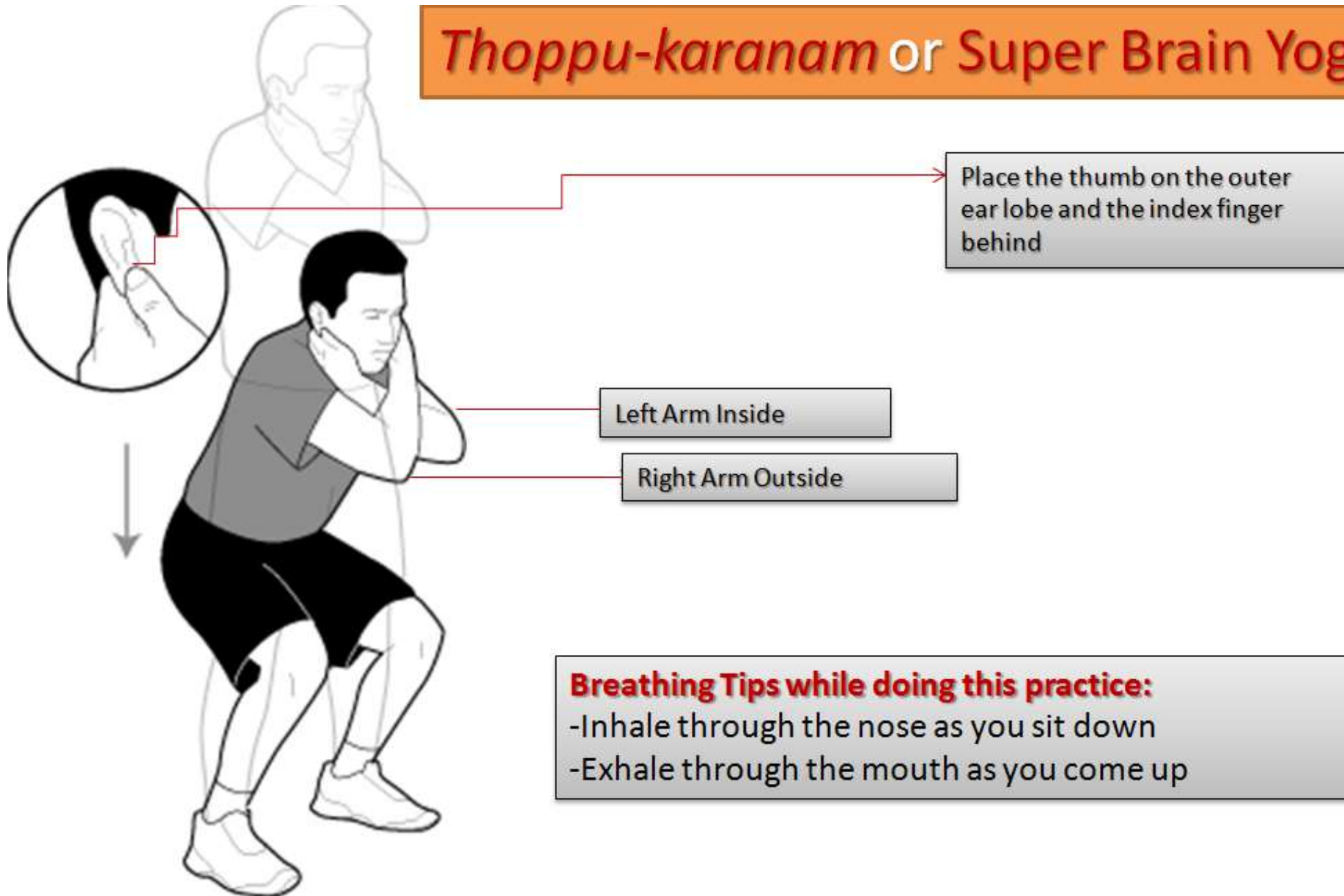
Cone of Learning (Edgar Dale)



Edgar Dale, *Audio-Visual Methods in Technology*, Holt, Rinehart and Winston.

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Thoppu-karanam or Super Brain Yoga



Breathing Tips while doing this practice:

- Inhale through the nose as you sit down
- Exhale through the mouth as you come up

Frequency: Practice this every day for at least 10 – 12 rounds and gradually increase it to around 15 minutes at your own pace.

Mayur B. Nayak

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Concentration Skills

- Switch off your Cell phone while Studying
- Log off from WhatsApp/ Facebook & other Social Media
- Have regular intervals / breaks
- Study in Library / Table – Chair
- Know your Biological clock
- Do Japa / 10 minutes of silence/Meditation
- Keep a small writing pad to note down all thoughts not relevant at the present moment!
- Reserve a time for recreation / fun / laughter
- Find your “DE-STRESS BUTTON”

DISCIPLINE

One of the most important keys to success is having the discipline to do what you know you should do, even when you don't feel like doing it.

ATTITUDE

What do you mean by Attitude!

“Attitude is nothing but the quality and direction of your thought process!” - Aporesh Acharya

Necessity of powerful positive Self Image

How to Build a Positive Self Image

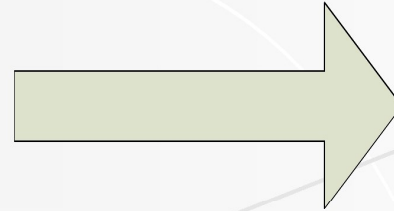
- CA Profession: your Journey so far
- Belief System – Anthony Robins
- “YGB” YOU GOT TO BELIEVE
- SelfTalk

BELIEF

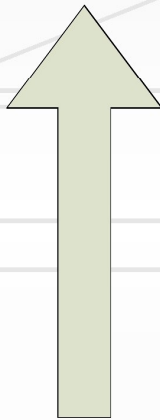
The amount of Belief you have determines the amount of Potential you can tap into

POTENTIAL

The amount of Potential you tap determines the amount of Action you take



The Belief Cycle

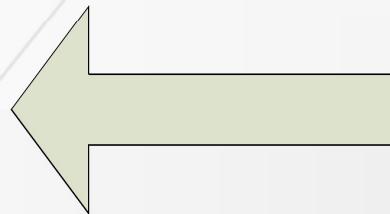
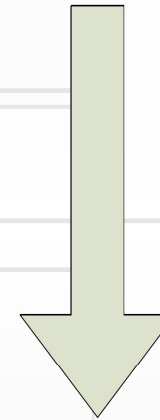


RESULTS

The Results you get determine your Belief in yourself.

ACTION

The amount of Action you take determines the Results you get.



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How to Build a Positive Self Image - 2

- You are “Unique”
- Power of Visualization
- Attack Vs. Defense – “A war strategy”
- “The Secret” – ASK and Got it!
(Fake it till you have it !)

Daily Auto Suggestions

1. I am Unique
2. I am Powerful, Courageous & Confident
3. I have a very Strong Memory
4. I am destined to become a Chartered Accountant
5. I shall succeed in CA exams in _____ attempt with _____ % of marks.
6. My Best is yet to come!
7. Today is my Best Day!

Getting what you want

- Some Final Tips

- Read & make “Notes “ – if not, underline important points
- Use Acronyms to remember long paragraphs; provisions and formats

Day before Examination

- Have confidence on your preparation
- Read from your Notes
- Take good Rest / Night Sleep

Getting what you want

- Some Final Tips (Contd...)

On the day of Examination

- Prayer
- Avoid last minute revisions, unless you want to check specific point.
- Reach to the Examination Hall at least 15-20 minutes before time
- Long breathing – the right way – just before the exams.

Getting what you want

- Some Final Tips (Contd...)

During the Examination

- Make use of 15 minutes to read questions thoroughly
- Decide your priority of answers
- Time your answers – Don't spend more than allotted time
- Examiner wants you to answer correctly, lucidly and precisely (Long answers are not appreciated always)
- Support your answer with proper Working Notes

Getting what you want

- Some Final Tips (Contd...)

During the Examination

- Underline Citations, Sections or other important point towards which you want to draw the attention of the Examiner;
- Attempt all questions;
- Reserve 10 minutes at the end to revise your paper;
- Do not get disheartened if one answer is not written properly or question paper is tough (Remember, everybody is sailing in the same boat).

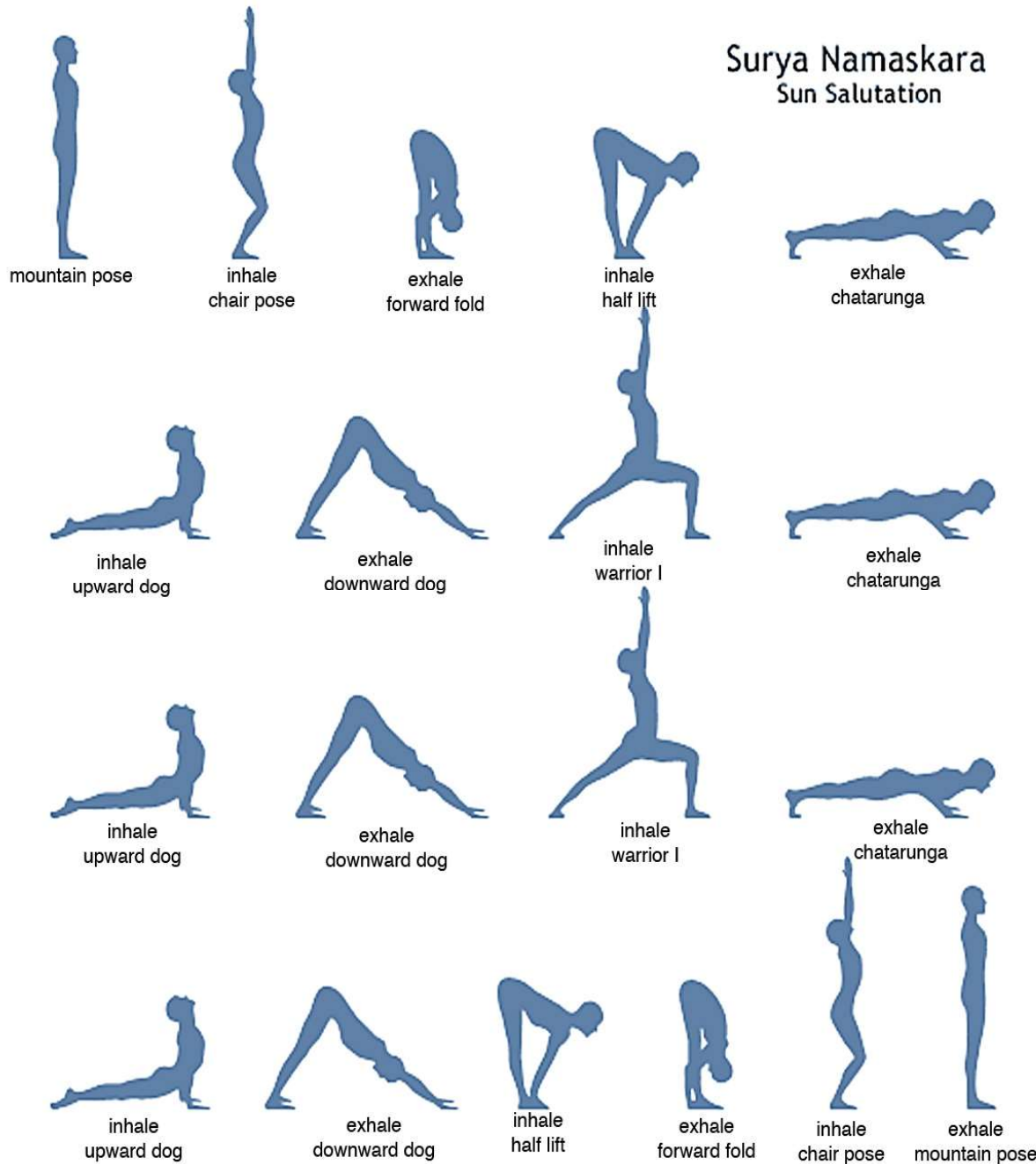
Getting what you want

- Some Final Tips (Contd...)

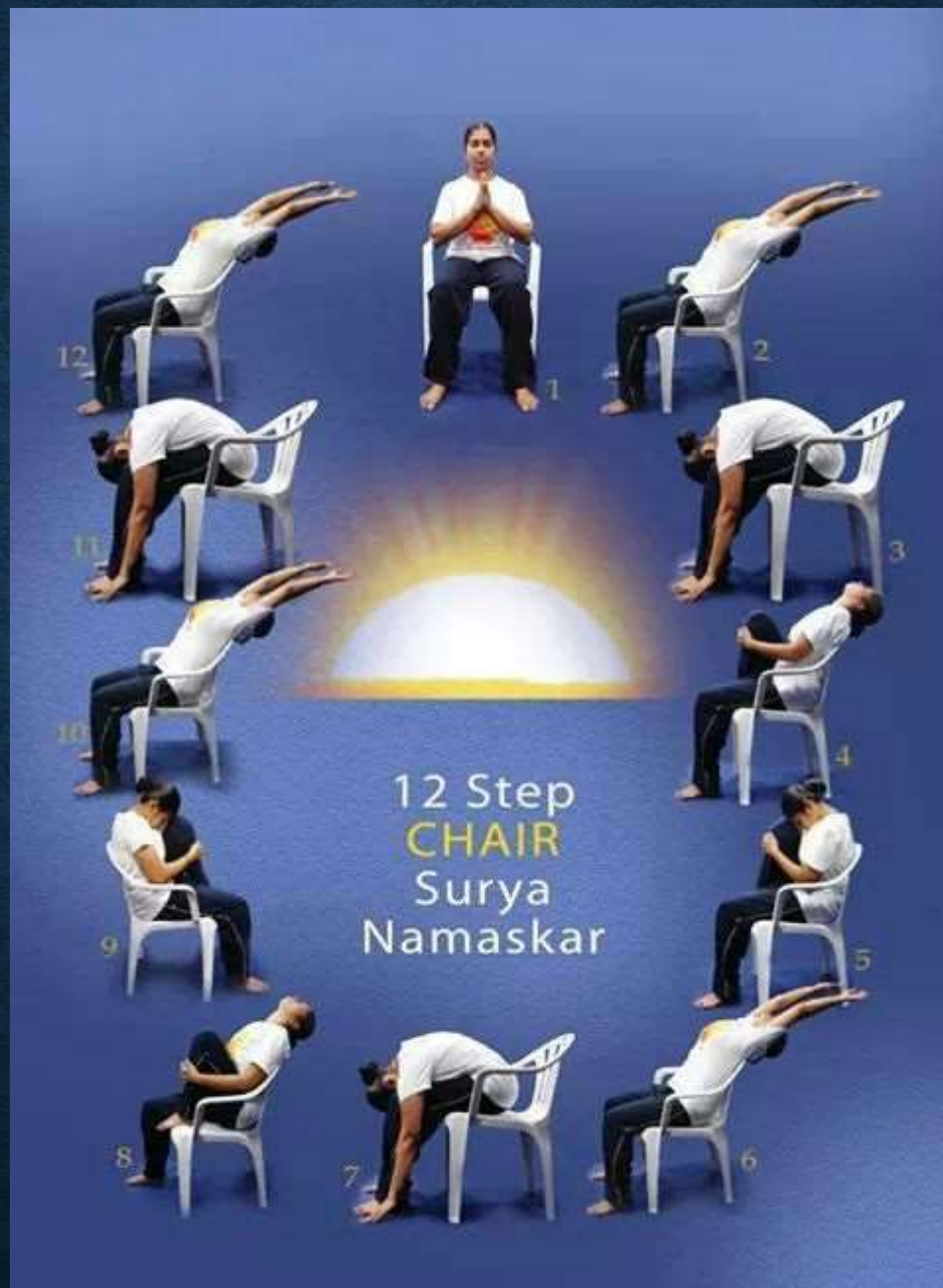
During the Examination

- No hangover of completed Exam. Never lose “HOPE”
- Treat each exam as a separate & independent “WAR”
- Examination is not the End of Life!

Surya Namaskara
Sun Salutation



Physical Fitness



Thank You