

Human Resource Development Committee

Chairman: CA Mihir Sheth

Co Chairman: CA Anand Kothari

Convenors: CA Jigar Shah, CA Dnyanesh Patade, CA Utsav Shah

Co-coordinator: CA Gracy Mendes and CA Raj Khona

POSITIVE PARENTING

Enjoy your kids; Build Happy Memories & Bring out the best in them

Dear Members,

Topic	Positive Parenting
Days & Dates	Sundays mornings: 21st April 2024, 28th April 2024 and 5th May, 2024
	Add event to Outlook Calendar
Time	11.00 am – 1.00 pm
Venue	Virtual Mode on Zoom Platform
Fees	Members: Rs. 1200/- Non Members Rs. 1500/- (Inclusive of GST and Rs. 50 for BCAS Foundation)
Registration Link	<u>CLICK HERE</u>

Program Coverage

Replacing Negative Parenting (Criticising, Comparing, Condemning, Shouting and Spanking) With Positive Parenting (Encouraging, Appreciating, Affirming and Using Incentives)

Dealing with common issues:

Temper Tantrums, Not Listening, Argue Back, Sibling Rivalry, Picky Eating, Digital Craze and Teen Issues

Key Takeaways

Reducing Stress and Anger, Enjoying Quality Family time and Bringing out the best in your child

Who can benefit

Parents, Grandparents and those associated with upbringing of children

About the faculty



Dr Avinash De Sousa

Consultant Psychiatrist and Founder Trustee of De Sousa Foundation Mumbai Works with many schools as a school counsellor and has conducted over 2000 workshops on Parenting in his career



Dr Janice Morais,

Psychologist and Parent Coach.

Mother of twins, loves reading, enjoys travelling and meeting new people.



Fr. Patrick D'Mello

Trainer, Counsellor & Pastor

Coordinator of Laity Training for the Archdiocese of Mumbai, with 30 years of training experience. His 50-hour Family-centric courses include Basic Counselling Skills, Marriage Enrichment and Positive Parenting.

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