

## Seminar, Public Relations & Membership Development Committee

Chairman: CA Uday Sathaye

Convenors: CA Kinjal Bhuta, CA Manmohan Sharma, CA Preeti Cherian,
CA Rimple Dedhia

Coordinators: CA Ashwini Chitale, CA Mrinal Mehta

## 'Present Positive = Future Ready'

Dear Members,

The Seminar, Public Relations & Membership Development Committee of BCAS is pleased to announce an event to celebrate International Women's Day. The details of the event are as follows:

Day & Date	Thursday, March 28, 2024 Add event to Outlook Calendar
Time	5.30 p.m. to 8.00 p.m. (Fellowship over High Tea – 5.00 p.m. to 5.30 p.m.)
Venue	BCAS Auditorium, BCAS Chowk, Jolly Bhavan 2, New Marine Lines, Mumbai 400020.  Google map of location
Topic	'Present Positive = Future Ready'
Speakers	Naz Chougley, Co-Founder, AspiRise, Life Coach & Law of Attraction Trainer, Emotional Therapist, Mindfulness & Meditation Teacher, Writer, Artist Rupal Tejani, Founder & CEO, Dream Farm

The interactive session "**Present Positive = Future Ready**" aims at helping the audience to question their limiting beliefs, take charge of their lives through affirmative thinking, aspire higher and set intentions for personal evolution and growth. The speakers will also engage the audience in some meaningful exercises such as Inner Child Healing, Meditation, Setting Intentions to further drive home their point.

This year, being the Platinum Jubilee Year of BCAS, we look forward to making this event an unforgettable experience for all. This event is open to all - please also encourage your family and friends to enrol.

Please <u>Click Here</u> to register for the event.